

S24 Sports Pricing

Department	Type	Type	NGB	Discription	Duration	Price
Cycling	MTB	Hire	MW	Half Day hire MTB Bike	Half Day	€ 45
Cycling	MTB	Hire	MW	Full Day Hire MTB Bike	Full Day	€ 70
Cycling	Road Bikes	Hire	MW	Half Day hire Road Bike (Ali Bikes)	Half Day	€ 55
Cycling	Road Bikes	Hire	MW	Full Day Hire Road Bike (Ali Bikes)	Full Day	€ 85
Diving	Diving	Course	PADI	Black Rock - Discover Scube Diving	1/2 Day	€ 105
Diving	Diving	Course	PADI	Black Rock - PADI open water dive course	2 to 3, 1/2 days	TBC
Diving	Diving	Course	PADI	Black Rock - PADI advanced open water dive course		€ 425
Diving	Diving	Course	PADI	Black Rock - PADI scuba diver course	4 x 1/2 days	€ 375
Diving	Diving	Session	PADI	Black Rock - PADI Bubblemaker		€ 70
Diving	Diving	Trip	BR	Snorkel Trip	Half Day	€ 35
Fitness	Fitness Activitiy	Session	MW	Morning Walk	45 mins	Inclusive
Fitness	Fitness Activitiy	Session	MW	Morning Run	45 mins	Inclusive
Fitness	Fitness Activitiy	Session	MW	Beach run	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Aqua Fit	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Sunrise Stretch	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Circuits	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	HIIT	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Ab Attack	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Legs Bums & Tums	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Body Tone	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Strength Training	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Agility Training	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Sunset stretch	45 mins	Inclusive
Fitness	Fitness Class	Session	MW	Yoga	45 mins	TBC
Fitness	Fitness Class	Session	MW	SUP Yoga	45 mins	TBC
Fitness	Fitness Class	Session	MW	Pilates	45 mins	TBC

Fitness	Fitness Class	Session	MW	Intro to Pilates	45 mins		TBC
Fitness	Personal Training	Session	N/A	Personal Training x 1	30 mins	€	40
Fitness	Personal Training	Session	N/A	Personal Training x 3	3 x 30mins	€	110
Fitness	Personal Training	Session	N/A	Personal Training x 6	6 x 30 mins	€	200
Fitness	Personal Training	Session	N/A	Gym Induction	15 mins	€	15
Tennis	Padel Tennis	Session	N/A	Intro to Padel	1 1/2 hours	€	30
Tennis	Padel Tennis	Session	N/A	Padel Social	2 hours		Inclusive
Tennis	Padel Tennis PL	Private Lesson	N/A	Private lesson - Padel	1 hour	€	75
Tennis	Tennis	Course	LTA	Classic tennis adults	4 x 1.5 Hrs	€	175
Tennis	Tennis	Course	LTA	Xpress tennis adults	4 x 1.5 Hrs	€	175
Tennis	Tennis	Session	MW	Tennis Hitting Sessions	45 mins	€	25
Tennis	Tennis	Session	MW	Tennis Clinic (Servers)	1 x 30 to 45 mins	€	10
Tennis	Tennis	Session	MW	Tennis Clinic (other shots etc)	1 x 30 mins	€	10
Tennis	Tennis PL	Private Lesson	MW	Private Lesson x 1	1 x 45mins	€	55
Tennis	Tennis PL	Private Lesson	MW	Private Lesson x 3	3 x 45 mins	€	145
Tennis	Tennis PL	Private Lesson	MW	Private Lesson x 5	5 x 45 mins	€	215
Tennis	Tennis Youth	Course	LTA	Kids junior LTA (6-13)	3 x 45 min	€	80
Tennis	Tennis Youth	Course	LTA	Kids Mini LTA (3-5)	3 x 30 mins	€	55
Waterfront	Kayak	Hire	MW	Kayak - Hire	1 hour	€	25
Waterfront	Kayak	Private Lesson	MW	Private Lesson - Kayak	1 hour	€	90
Waterfront	Rowing	Private Lesson	MW	Private Lesson - Rowing	1 hour	€	90
Waterfront	Rowing	Session	MW	Rise and Row	1 hour	€	20
Waterfront	Rowing	Session	MW	Intro to Row	3 hours	€	55
Waterfront	Sailing - Youth	Course	RYA	RYA Youth Sailing Scheme - Stage 1	4 x 1/2 days	€	100
Waterfront	Sailing - Youth	Course	RYA	RYA Youth Sailing Scheme - Stage 2	4 x 1/2 days	€	100
Waterfront	Sailing - Youth	Course	RYA	RYA Youth Sailing Scheme - Stage 3	4 x 1/2 days	€	100
Waterfront	Sailing - Youth	Course	RYA	RYA Youth Sailing Scheme - Stage 4	4 x 1/2 days	€	100
Waterfront	Sailing	Course	RYA	RYA Nartional Sailing Scheme - Start Sailing - Leve 1	4 x 1/2 days	€	160
Waterfront	Sailing	Course	RYA	RYA Nartional Sailing Scheme - Basic Skills - Leve 2	4 x 1/2 days	€	160
Waterfront	Sailing	Course	RYA	RYA Nartional Sailing Scheme - Better Sailing - Level 3	4 x 1/2 days	€	160
Waterfront	Sailing	Course	RYA	RYA Bolt on to Intro to RYA Start Sailing	9 Hours	€	160

Waterfront	Sailing	Course	MW	MW Intro to Sailing	3 hours	€	60
Waterfront	Sailing	Course	MW	MW Intro to Sailing PLUS	3 hours	€	60
Waterfront	Sailing - PL	Private Lesson	MW	Private Lesson - Sailing	1 hour	€	90
Waterfront	Sailing - PL	Private Lesson	MW	Private Lesson Package - Sailing (3 x PL's)	3 x 1 hour	€	220
Waterfront	Sailing	Session	MW	MW Improver Sailing	Per 1 1/2 hours	€	35
Waterfront	Sailing	Session	MW	MW Improver Sailing PLUS	Per 1 1/2 hours	€	35
Waterfront	Sailing - Youth	Session	MW	Parent and Child Sail	30mins	€	30
Waterfront	Sailing	Session	MW	Joyride	20 mins	€	30
Waterfront	Sailing - PL	Private Lesson	MW	Private Lesson - Sailing - Under 16	1 hour	€	45
Waterfront	Sailing - PL	Private Lesson	MW	Private Lesson Package - Sailing (3 x PL's) - Under 16	3 x 1 hour	€	120
Waterfront	Sailing - Foil - PL	Private Lesson	MW	Dinghy Foiling Private Lesson (1 to 1)	1.5 hours	€	80
Waterfront	Sailing - Foil	Session	MW	MW Intro to Dinghy Foiling	3 hours	€	85
Waterfront	Sailing - Foil	Session	MW	MW Intro to Dinghy Foiling PLUS	3 hours	€	85
Waterfront	Sailing - Hire	Hire	MW	Dinghy Hire - Bug / Oppie / H10 / Tera	1 hour	€	35
Waterfront	Sailing - Hire	Hire	MW	Dinghy Hire - Funboat	1 hour	€	35
Waterfront	Sailing - Hire	Hire	MW	Dinghy Hire - Pico / Quba / Zest / Fusion / Hartley 12	1 hour	€	35
Waterfront	Sailing - Hire	Hire	MW	Dinghy Hire - Quest / Argo / Bahia / Hartley 12.2 / Vibe / Xenon	1 hour	€	55
Waterfront	Sailing - Hire	Hire	MW	Dinghy Hire - Laser / Laser Radial / Laser 4.7	1 hour	€	55
Waterfront	Sailing - Hire	Hire	MW	Dinghy Hire - Aero	1 hour	€	55
Waterfront	Sailing - Hire	Hire	MW	Dinghy Hire - CX16 / RS16 / Dart 16	1 hour	€	55
Waterfront	Sailing - Youth	Session	MW	Saturday Splash (or Transfer day Splash)	3 hours	€	60
Waterfront	SUP	Hire	MW	SUP Hire	1 hour	€	25
Waterfront	SUP	Private Lesson	MW	Private Lesson - SUP	1 hour	€	80
Waterfront	SUP	Session	MW	Sunrise SUP	1 hour 30 mins	€	20
Waterfront	SUP	Session	MW	Sunset SUP	1 hour 30 mins	€	20
Waterfront	SUP	Session	MW	Intro to SUP	1 hour	€	15
Waterfront	Windsurf	Course	RYA	RYA Bolt on to Intro to RYA Start Windsurfing	9 hours	€	160
Waterfront	Windsurf - Foil	Private Lesson	MW	Windsurf Foiling Private Lesson (1 to 1)	1.5 hours	€	80
Waterfront	Windsurf - Foil	Session	MW	MW Intro to Windsurf Foiling	3 hours	€	100
Waterfront	Windsurf - Foil	Session	MW	MW Intro to Windsurf Foiling PLUS	3 hours	€	100
Waterfront	Windsurf - Hire	Hire	MW	Windsurf Hire - Beginner Board & Rig	1 hour	€	36

Waterfront	Windsurf - Hire	Hire	MW	Windsurf Hire - Intermediate Board & Rig	1 hour	€	44
Waterfront	Windsurf - Hire	Hire	MW	Windsurf Hire - Advanced Board & Rig	1 hour	€	50
Waterfront	Windsurf - PL	Private Lesson	MW	Private Lesson - Windsurf	1 hour	€	80
Waterfront	Windsurf - PL	Private Lesson	MW	Private Lesson Package - Windsurf (3 x PL's)	3 x 1 hour	€	220
Waterfront	Windsurf - PL Youth	Private Lesson	MW	Private Lesson - Windsurf - Under 16	1 hour	€	45
Waterfront	Windsurf - PL Youth	Private Lesson	MW	Private Lesson Package - Windsurf (3 x PL's) - Under 16	3 x 1 hour	€	120
Waterfront	Windsurfing - Youth	Course	RYA	RYA Youth windsurfing Scheme - Stage 1	9 hours	€	100
Waterfront	Windsurfing - Youth	Course	RYA	RYA Youth windsurfing Scheme - Stage 2	9 hours	€	100
Waterfront	Windsurfing - Youth	Course	RYA	RYA Youth windsurfing Scheme - Stage 3	9 hours	€	100
Waterfront	Windsurfing	Course	RYA	RYA National Windsurfing Scheme - Start Windsurfing	9 hours	€	160
Waterfront	Windsurfing	Course	RYA	RYA National Windsurfing Scheme - Intermediate Windsurfing	9 hours	€	160
Waterfront	Windsurfing	Course	MW	MW Intro to Windsurfing	3 hours	€	60
Waterfront	Windsurfing	Course	MW	MW Intro to Windsurfing PLUS	3 hours	€	60
Waterfront	Windsurfing	Session	MW	MW Improver Windsurfing	Per 1 1/2 hours	€	35
Waterfront	Windsurfing	Session	MW	MW Improver Windsurfing PLUS	Per 1 1/2 hours	€	35
Waterfront	WingFoil	Course	MW	MW Intro to WingFoiling	9 hours	€	160
Waterfront	WingFoil	Private Lesson	MW	Private Lesson - WingFoiling	1 hour	€	90
Waterfront	WingSurf	Course	MW	MW Intro to WingSurfing (14 and above)	3 hours	€	100
Waterfront	WingSurf - Youth	Course	MW	MW Youth Intro to WingSurfing (10 to 13 years)	3 hours	€	80
Waterfront	WingSurf	Course	MW	MW Intro to WingSurfing PLUS	3 hours	€	100
Waterfront	WingSurf	Private Lesson	MW	Private Lesson - Wingsurfing	1 hour	€	80